

Students choose Isis every single day for courses in:

Massage Diplomas:

Holistic Aromatherapy Massage

Reflexology

Balinese Massage

Advanced Massage

Swedish massage

Indonesian Massage

Lymphatic Drainage Massage

Hot Stone Massage

Indian Head Massage

Thai Seated Massage

Thai Foot & Hand Massage

Holistic Face Massage

Hot Thai Herb Compress Massage

Colon Massage

Beauty Diplomas & Detox Diplomas:

Manicure, Pedicure

Facials

Make up Application

Nail Wraps

Holistic Face Massage

Waxing

Eye Lash Tinting, Eye Lash Perming

Threading

Brow Tinting

Brow Shaping

Revolutionary Bio Detox Spa

Body Wrap

Luxurious Spa Body Therapies

Spray Tanning

Healing Diplomas:

Hopi Ear Candling

Crystal Therapy

Colour Therapy

Reiki

Home Study Diplomas:

Anatomy & Physiology

Aromatherapy - with practical assessment

Colour Therapy - with practical assessment

Crystal Therapy - with practical assessment

Reflexology - with practical assessment

Bio Energiser Detox

Who is Isis Therapy Training? What can we offer YOU?

Why do so many students study with Isis and return time and time again?

Isis Therapy Training are an established nationwide provider of accredited training. We specialise in massage, beauty, healing and detox practitioner diplomas. We have a team of **outstanding**, experienced, **qualified**, truly **dedicated** and **committed** tutors who are based at ideal locations around the UK. All Isis tutors are qualified tutors and can tailor the sessions to meet the individual needs of their students and use formative assessment throughout.

Our tutors have been handpicked due to their high levels of competence, professionalism and knowledge of the industry. They are industry professionals and all run successful therapy businesses.

We **promise** that when you attend any course run by Isis Massage & Beauty Training you will be given information and advice ranging from marketing, health and safety, how to handle clients, making appointments, this is over and above the comprehensive coverage of the syllabus on the day. The advice you receive is valid and reliable as it comes from tutors who run their own **successful therapies business**.

Our **enthusiasm, creativity, relaxed and welcoming** approach to delivering our courses has encouraged many students to return to us time and time again. These students progress through the courses, increasing their CPD points and soon excel in their field, becoming excellent practitioners. All students receive a feedback evaluation form and we encourage feedback to constantly maintain the quality of service we have always given.

We offer onsite training at your work place (discounts for multiple students, travel and other expenses may be charged)

We offer individual training - **at no extra cost**.

We only train small groups so one to one attention is guaranteed

We are a well established academy with a history of successfully trained students

We are based at various locations around England. You can be sure that there will be a location and venue offering training near you.

Visit www.isistherapytraining.com for more information.

Who can benefit by using Isis for their Training?

The courses are suitable for anyone, of all ages (16+) and academic abilities.

We train therapists who are looking to re-train for a career in the field of beauty and massage.

We train therapists who just want to add to your existing therapies so that they can offer a wider range to existing clients.

We train students who are completely new to massage and beauty.

We train people who simply want to practise on friends and family

We train couples and friends who want to do mobile parties

We run small courses with two to eight students so you can gain maximum benefit and practical experience from your day.

We liaise with local agencies who provide funding if you are on a low income, please contact your local business link office for details.

What your training includes:

Everything is provided for you on the day the only thing you need to bring is a model (occasionally) and your lunch. All tutors have fully equipped therapy and training rooms. The only exception is the aromatherapy assessment days where you need to bring your own oils to demonstrate mixing and blending of oils.

You receive a comprehensive manual which includes information on professional etiquette, insurance options, anatomy & physiology and of course how to carry out a practical, hands-on treatment.

All courses are accredited, this means they have been externally checked and are insurable, check www.isistherapytraining.com for a list of our accrediting companies, they also carry CPD Points.

During the day you will be practicing on other students and we recommend that once you have completed a course with us, you spend time practicing on family and friends to get feedback on your techniques.

Small training groups from 2-8 students maximum so you gain maximum benefits from your training and have plenty of time to ask your Tutor any questions.

Friendly, knowledgeable, insured and patient tutors who have a lot of experience in the beauty & holistic field.

Where does the training take place?

We don't advertise the addresses for safety reasons on the internet however once you book you will receive a comprehensive email with the contact details on. If you email the tutors directly at their address on the contacts page they will tell you the closest landmarks or motorway junctions to them.

Additional Information?

Within our manuals we also provide occupational information to help in your future career as a therapist, this includes:

Health and Safety at Work Law

Sterilisation and Hygiene in the salon

Data Protection

Anatomy and Physiology relating to the course you are studying

Consultation process and an example of the consultation card.

Contra-indications and how to recognise them

Contra-actions

Licensing requirements if required.

Professionalism/ Code of Ethics

Local Bylaws that may affect your business e.g. treating minors.

Where to obtain insurance and details of professional associations.



Meet the Team!!!!



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SARAH"My Holistic Journey began back in about 1996 however I ran it alongside my academic A-Level teaching. So, a teacher of both academic and vocational subjects, along with assessing and internal verifying NVQs, I have also taught on the careers team in East Yorkshire. So for those who would like to further their career in holistic therapies or if you would like to start out then contact me to discuss your career aspirations. I absolutely live by the fact that we should do more for ourselves. Holistic Therapies really can help you lead a much happier and healthier lifestyle, the variety of therapies can help prevent illness, reduce stress, to help you relax, and more importantly they help promote the body's natural ability to heal itself. I am also passionate about sports therapy and in representing the profession with the high standards that sports people expect. My therapies site is:www.holistic-ascentuals.co.uk and my hypnotherapy site is www.hullhypnotherapy.co.uk.



BEN"My journey into Holistic Therapies started quite a few years ago, when I enrolled on a Swedish Massage course. From my 1st lesson I was hooked. I knew this was the career path I wanted to follow and that my destiny was to be a Holistic Therapist. All my subsequent courses have been with ISIS and I would not use any other training provider or establishment. I am honoured to be joining such a well established training academy with such dedicated and professional therapists and tutors. My own background is in training so being able to combine that with my love of holistic therapies and my belief that they support the body, mind and spirit with the ability to heal itself is a dream come true. I am due to open my Holistic Therapy Centre in Leicester which covers a whole array of treatments with therapists working there offering many therapies, so very exciting and busy times ahead. I look forward to training all those who sign up to a course with me and helping you fulfil your dreams and destiny."



LORNA"I've been a beauty and holistic therapist for fourteen years now and a Tutor of therapies for six years. I originally worked at the local college but much prefer offering these short, intensive courses, where I meet such interesting people and learn so much from them too! I try to give as much information and handy tips that I've learned along the way and I like to help each student gain a positive outlook for their new career pathway! I believe each person is unique and can achieve their full potential if they look within themselves and trust in their natural instincts to guide them.



MIKE"My name is Michael and I started my holistic journey 5 years ago when my wife went for her first Indian Head Massage and she enjoyed the treatment so much that she asked me to enrol on the course. This is what i did and has you know it snowballs from there and you end up doing another and then another course. Since that day I have gained qualifications in Aromatherapy, Reflexology, Hydro therm Massage, Thai Foot Massage, Japanese Hand Massage, Hopi Ear Candles, and also I am a Reiki Master. I also run an online Holistic Shop selling vast range of products from Aromatherapy Oils to Training DVD's, also I have a line of reflexology products and the practise feet for reflexology. See <http://www.paaroma.co.uk>"



KAREN"Hi I am a fully qualified and insured Beauty and Holistic therapist. After my first course in level 2 beauty I was hooked and did extras such as henna, smile gems, ear piercing and St Tropez. I then started to build up a client base whilst continuing to study for level 3 in Advanced Beauty. I also added Fake Bake, Nail extensions, Nail art and body wraps to my list. I bought an existing hair salon and introduced beauty treatments to its clients, and continued with my own training, adding Indian head and a Holistic diploma to my list. I really enjoyed mixing my own blends of oils and now try to incorporate these into my everyday family life. I then qualified in teaching and began to teach beauty therapy to small groups. I look forward to meeting some of you and hope that you will enjoy your training with me and start new careers of your own."



ZOE"Zoe has worked as a Therapist and Trainer providing holistic and beauty therapies, and workshops/training courses for the past 14 years in the UK, Spain and Caribbean. Zoe has extensive therapy experience by running her own successful therapy business, by working for salons, day spas, spa hotels, gymnasiums, a GP practice, community wellbeing projects with the elderly and people with mental and physical health conditions, pamper parties and corporate events. Additional experience has involved fundraising, coordination and delivery of grant-funded complementary therapy community projects for people in need, for which I have raised a total of £25k to date. Zoe is a huge asset to Isis Therapy Training and any student opting to train in Manchester Stockport area will be very lucky indeed."



WAN"After spending decades doing research work in various universities, I decided to start a new life, looking into health care. I received vigorous trainings from Newcastle College, Gateshead College and advanced trainings from various other excellent training schools and tutors. I am intuitive and original in my therapeutic treatments to individuals with diverse conditions and I am very passionate in passing on my skills to promote general health care, through complementary therapy, to the general public and the professionals. Complimentary therapies is where my passion lies, i get a great deal of satisfaction from making people feel good about themselves, in helping aid the body system to work more effectively and I am very enthusiastic about helping reduce the modern western stress levels which many people seem to accept and live with.



ELAINE"Hi..I have been a Beauty & Holistic Therapist for the past 8yrs & a tutor for 3yrs. My journey started as a part-time hobby whilst bringing up my 2 sons. It developed into a love of being with people and wanting to pass on my experiences by working in schools, hospitals, pamper parties and local events. I am passionate about promoting healthy & natural health care. My qualifications include Depilation, Manicure, Massage, Cosmetic Make-Up & Skin Care, Reflexology, Hopi Ear Candles & Anatomy & Physiology. I think my next step will be Reiki. I believe everyone should live a stress free life to be happy."



WENDY"I have been a massage therapist for 16 years. I've always had an interest in how the body, mind and emotions all connect together, so I decided to train in body massage. I then went on to gain experience in several Spa facilities where I became qualified as a holistic therapist. After working in spa's I wanted to work much deeper with the physical problems that people present with. I went on to study Transactional Analysis in Psychotherapy, some of this training included Body psychotherapy. Studying this I started to gain a much deeper understanding of how the mind, emotions and physical body work together. Studying Indian Head, Thai Foot and Hand Massage, Thai Seated Massage , Onsite massage, Holistic Facial Massage, Hot Stone Massage and all the Thai Yoga massage treatments and working with many clients has given my such knowledge and in working physically with the body and how deeply healing therapies can be. I trained in Thai Massage in Greece, India and London with qualified teachers from the Sunshine Network who were inspirational with their approach to working with people. Training in Thai Massage opened the door into a much more fluid, energetic and dynamic way of working with people. "



SAM"I have worked as a therapist since 2004. I trained in Beauty and Holistic Therapies I find my true passion is in Holistic Treatments treating the individual as a whole on all levels, mind body and soul. I enjoy learning new things within the industry and I regularly take part in workshops and courses to keep me up to date and to also meet similar people. I left my job in a local Health Spa to work for myself not only as a therapist but as a trainer too, I have a love for my work and I enjoy sharing my knowledge and experiences with new students. I look forward to meeting you".



KRISTINE"I have been a beauty therapist for nearly 30 years and trained originally at Champneys college of Health and Beauty in Tring, Hertfordshire. Being awarded CIDESCO and CIBTAC qualifications I very shortly after opened my own salon being the first salon in most areas of South Wales. Through the years I have added numerous post graduate qualifications to my portfolio including teaching and assessing. I have taught in FE colleges but prefer the intense short courses offering lots of experience hints and tips along the way! I offer holistic therapies too and would like to add Reiki to my list in the coming years. I run a small salon from home and training facilities, but also have a UK distribution of the french top eyelash extension range, Ose! I am looking forward to working with the excellent ISIS team and meeting new students aswell as renewing old friendships:)) www.osegroup.com"



NICOLE"I started my beauty therapy training in 2003 at North Lindsey College in Scunthorpe, where I study NVQ level two and three beauty therapy. Alongside this I completed a diploma in anatomy and physiology and numerous other trade qualifications. I began working in a salon as a junior and work my way up to salon manager. During which time I gained experience working with many different products including Elemis, Dermalogica, Clarinis and Virgin Vie. I have also worked with O.P.I, Universal Contour Wrap and Bio sculpture Gel nails to name but a few. I have had my own business since 2008 and have built up a good client base which is still growing. I work from a village location from my home and pride myself on promoting a friendly relaxing atmosphere. I started teaching in 2009 and have gained relevant qualifications including PTTLS, award in review and assessment, A1 assessors award and certificate in education. I have also gained two and a half years experience delivering and assessing a wide variety of beauty qualifications."



KATIE "Hi i am Katie, I qualified as a beauty therapist in 2003 where i then went on to run my own business, i have worked in many salons and spas and have gained lots of practical experiance in a variety of therapies. I have been teaching for 6 years at my local college and i am passionate about training students to a high standard so that they feel competant about venturing out into the industry to become a successful therapist. I have studied hard to gain all of my teaching certificates and i have trained hundreds of therapists over the years. i look forward to new challenges and passing on all of my knowledge. i feel very privileged to be apart of such a succesful industry."



ANNE Hello, my name is Anne. My beauty journey started in 1999 when I formed my own business, initially in Wedding Hair and Make-up. Due to popular demand, I studied and qualified in NVQ level Three in Beauty, Nail Extensions and Swedish Massage adding Aromatherapy, Hopi Ear Candles, Ear Piercing and Eyelash perming to my ever growing interest in the beauty and holistics industry. I too am a big believer in looking after yourself through holistic therapies, and I truly believe that looking after yourself can give you a healthier, happier more positive life. I absolutely love what I do and I look forward to passing my knowledge on to you. Mobile, one to one and salon based training also available. My website is: www.totalimagemobile.co.uk

JOANNE Hello my name is Joanne and I am a beauty and holistic therapist and tutor. My beauty and holistic journey began thirteen years ago, from then I have worked in and owned salons and spas and I have been teaching therapies for the last six years. I am continually updating my knowledge but attending other training courses and workshops so that I can offer you the most up to date techniques and give you tips on products and sourcing suppliers. I have also graduated at HND level in beauty therapy sciences, I also hold PTTLS which means you can rest assured you are in safe hands when you enrol on the Isis courses at my venue. I current own beauty and holistic salon which is really well respected and very busy. I look forward to meeting you and helping you develop your beauty and holistic journey.



1 Day Emergency First Aid Course

Isis Therapy Training is excited to now offer its therapists the opportunity to train and gain a **HSE Approved certificate** in **Emergency First Aid** through qualified experienced trainers from the Yorkshire Ambulance Service Trust.

As a therapist working in a salon, a spa, a therapy centre or even mobile it is important to be able to deal with emergency situations as they arise. Hopefully you will never need to utilise such skills but....

- Do you know how to deal with any respiratory associated problems?
- Could you begin (CPR) cardio pulmonary resuscitation on an unconscious client?
- Would you be able to treat minor injuries, wounds or bleeding?
- Could you deal with sprains or strains that occur in your presence - clients getting on or off the bed? Slipping on the floor?
- What would you do if the tools of your trade caused a burn or scald? Hot wax or hot oils perhaps....
- Do you know how to put someone in the recovery position?

Isis Therapy Training values its quality of training provision which is why we have chosen the Yorkshire Ambulance Service Trust to help better prepare our students. Book on this course today and go to work feeling more confident, more competent and secure in the knowledge that you will be better able to deal with unforeseen instances with clients health and well being.



Training Objectives: Identify and treat a casualty in an emergency situation

Sub Objectives: Action in an emergency, The respiratory system and associated problems, Adult cardio pulmonary resuscitation, Minor injuries, wounds and bleeding, Injuries to bones, sprains, strains and treatment, Burns, scalds and treatment, Causes of unconsciousness and treatment, Recovery position

Students who attend and pass will receive a:

- Certificate - valid for three years
- A comprehensive manual
- A wallet card with qualifications details

For dates, venues and prices goto www.isistherapytraining.com

Swedish massage

Massage is the art of healing through touch and pressure. It restores balance to the mind, body and spirit. Swedish Body Massage also known as Holistic Massage, dates back from the early 19th century. It is the original massage technique that uses oils, involving a sequence of movements working superficially and deeper into the tissue layers. It is one of the easiest ways of attaining and maintaining good health and something we do naturally. It is a healing instinct, innate in us all, to rub an aching shoulder or stubbed toe. By using oils and gentle manipulation, the power of touch eases our troubled minds, relieves aches and pains and provides a feeling of true relaxation.

Swedish Body Massage is an uplifting and energizing massage that stimulates circulation and generates an immediate sense of well-being. A light and relaxing treatment, Swedish Body massage is designed to ease away the aches and stresses of everyday life. Wonderful for relaxation, a full body massage includes work on the neck, shoulders, arms, upper chest, abdomen (optional), back and legs.

Course content:

Full practical demonstration and guidance throughout the day
Draping, dressing the massage couch, turning the client over, maintaining modesty and privacy at all times, pressure levels, Health and Safety at Work Law
Sterilisation and Hygiene in the salon, Data Protection, History of Massage
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Anatomy and Physiology diploma. This can be in the form of a completed diploma, or working towards one. If you are working towards your A&P diploma at the time of Swedish Training we will certificate you only upon successful completion of both courses. Isis Therapy Training have an accredited A&P diploma which is 12 units home study.

Course duration & CPD:

2 Days & 35 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the second day you will be expected to answer verbal questions and perform a full body massage with minimal direction from your tutor

Course Investment - £240

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Thai Seated Massage

Traditional Ancient Thai massage is a unique form of Bodywork that incorporates Hatha Yoga, acupuncture and reflexology with origins dating back about 2500 years. In Thailand, there are many agricultural people who do a lot of physical work through the day and their muscles become very tight and sore, so they teach their children massage skills they learned from their parents. In this way Thai massage is passed down as an oral tradition. Massage has a unique style in each area of Thailand. When people would gather together from different regions they would exchange their techniques of massage. In this same way influences came from other countries such as China, India, Burma and Tibet creating its evolution and development. It has a close relationship with Indian Ayurvedic medicine, yoga, traditional Chinese medicine and Japanese Shiatsu. Unlike the techniques used in Western massage or the well known Swedish massage, the Thai method uses point pressure, muscle stretching and compression, done in a rhythmic movement of gentle rocking.

Course content:

Full practical demonstration and guidance throughout the day on a regular chair and onsite massage chair for comparisons
Health and Safety at Work Law
Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them
Contra-actions, History of Thai Massage
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None.

Course duration & CPD:

1 Day - 11 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a full Thai seated massage with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isitherapytraining.com for details.

Manual Lymphatic Drainage Massage

The lymphatic system is responsible for helping fluid and waste leave the body and for regulating the immune system. When the lymphatic system becomes blocked, fluid builds up and stagnates, causing the entire system to become toxic, making us feel sluggish and more susceptible to viral or contagious diseases. By stimulating this system through massage, it works more efficiently, which in turn boosts the immune system, clears blockages, eliminates toxins, transports nutrients to cells and increases the metabolism. The lymphatic system is responsible for the production of antibodies for the immune system and the technique improves the environment of the antibody, boosting its resistance to infection.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law
Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them
Contra-actions, Origins of Lymphatic Massage
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Body massage certificate or aromatherapy massage certificate

Course duration & CPD:

1 Day - 9 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a full manual lymphatic drainage massage with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Hot stone massage

Hot Stone Massage is a truly relaxing treatment using hot stones of varying sizes on parts of the body - from the forehead to between the toes - giving a deep massage and creating a sensation of warmth and comfort. The heat from the stones feels great and is also wholly therapeutic - helping detox the body and relaxing the nervous system. The stones used are smooth, volcanic basalt that retain their heat on the body for as long as possible.

What are the benefits of Hot Stone Massage?

- Deep relaxation, the warmth relaxes both physically and mentally
- The heat from the stones is transferred to the body by conduction and it may reach up to 3cm into the muscle
- Circulation is improved and muscles have an increased blood supply, improving function, Toxins and waste are eliminated more quickly
- The warmth can relieve pain in muscles and joints
- Tension in connective tissue is decreased; There is a deep comfort of receiving warmth on the body. The use of the therapist's hands in conjunction with the stones also helps produce a more intensive experience.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection, where to source your products
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions, cleansing and recharging stones, Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Body massage certificate or aromatherapy massage certificate

Course duration & CPD:

1 Day - 9 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a full hot stone massage with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Indonesian Massage

Indonesian Massage is similar to Ayurvedic massage and dates back as far as Chinese Massage. Indonesian Massage is a deep oil-based massage, and is an ancient system of healing, dating back more than 4000 years. In Indonesian massage, pushing techniques predominate, working very deeply to ease muscle and joint pain. Unlike other oil based forms of Western massage, Indonesian techniques are designed to give very deep stimulation to the soft tissues. Deep thumb pushing along each individual muscle is designed to give thorough stimulation to the soft tissues. All soft tissue work intuitively follows the course of the Chinese energy meridians, and it is a highly effective treatment for injuries. The oil used for Indonesian massage, is strongly therapeutic, and has a beneficial effect on the body's circulation and lymphatic system by releasing its regenerative and self-healing powers.

Course content:

Full practical demonstration and guidance throughout the day
Shown how to do the full body exfoliation, full body dry hand massage, massage with oils and then massage with creams
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection, Origins of Indonesian Massage (History)
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Body massage certificate, aromatherapy massage certificate

Course duration & CPD:

1 Day - 15 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform an Indonesian massage with minimal direction from your tutor.

Course Investment - £140

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isitherapytraining.com for details.

Balinese Massage

Originating from Indonesia's Spice Islands this treatment works on the energy lines and Marma points of the body. The Mande Lulars massage cleansing properties and benefits are also related to the chakra point of the body. Some elements of the massage can be traced back to the warriors of the ancient art of Kalari, the warriors believed there are specific pressure points all over the body which are linked to spiritual and physical health - they called these the Marma Points. The warriors used the marma points as a guide to inflict severe injury and pain. They believed in the power of these marma points to the extent that the warriors dressed themselves and their horses with protective armour that covered the Marma Points. After battle the warriors would massage these marma points. Soon the principle of marma point massage was passed into Ayurvedic medicine. Balinese massage is a rigorous and luxurious spa treatment and a great one to choose if you want to experience a variety of massage techniques, relax and feel spiritually renewed at the same time. A relaxation massage with attitude, this treatment will boost your circulation and give you a deep tissue and muscular massage as well.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection, History and Origins of Balinese Massage
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Body massage certificate, aromatherapy massage certificate

Course duration & CPD:

1 Day - 15 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a Balinese massage with minimal direction from your tutor.

Course Investment - £140

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Indian Head Massage

Indian Head Massage has been an important part of Indian life for over four thousand years. The neck, shoulders, back and head are massaged to release tension and stress using a variety of strokes and pressure point techniques. It becomes in effect a de-stressing programme for the whole body and thus eliminates toxins from tense knotted muscles, relieves stiffness and improves lymph and blood circulation. Indian head massage also works on areas affected by mental and emotional stress and can bring immediate relief. It also improves circulation in the head and enhances your senses, improves memory and promotes clear thinking. This type of massage induces a sense of calmness, tranquility and releases anxieties. It helps to improve concentration and alertness, relieves mental and physical tiredness, edginess and depression. Treatment can be given dry without oils and fully clothes however it is more beneficial with the use of oils. Once finished this massage will give you a feeling of calm and relaxation.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection, History of Indian Head Massage
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day - 10 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform an Indian Head massage with minimal direction from your tutor, this is your summative assessment.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Holistic Face Massage

Holistic face massage is a natural facelift through massage. It is designed to be a gentle non-invasive approach to looking younger.

Holistic Facial includes facial massage techniques, acupressure points, and lymphatic drainage and includes an eclectic mix of techniques ranging from Indian and Japanese Face Massage. Please read the benefits for more information.

This Holistic Facial in essence is rejuvenating and could be compared to a non surgical face lift, unlike actual facial surgery it has no side effects, is extremely relaxing and anyone of any age can benefit from this Holistic Facial Massage. This is an excellent massage to learn and it complements the Facials Diploma we currently offer.

Benefits of the Holistic Facial Massage:

- Benefits overall health
- Enhances the complexion of the skin
- Firms, lifts and tones the facial muscles
- Reduces wrinkles
- Improves sagginess
- Promotes a youthful appearance
- Makes you feel great and glowing!

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection, History and uses of Tsubo / acupressure points
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day - 10 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a Holistic Face massage with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isitherapytraining.com for details.

Hopi Ear Candling

This is an ancient and natural therapy handed down by many civilizations. It is believed that the Ancient Greeks used ear candles, initially probably for cleansing, purifying and healing on a spiritual basis, but much later on a purely physical basis. However, the practice reached the modern world via the Native American Hopi Indians of North Arizona (it's interesting to note that Hopi means peaceful people). Ear candles were used traditionally by Shaman healers. Ancient wall paintings show their importance in initiation rituals and healing ceremonies of the tribe. The candles are still made today on the basis of the old traditional formula originating from the Hopi Indians. The candles we use for training are made from the natural ingredients of beeswax, honey extracts, sage, St John's Wort, chamomile, beta-carotene and organically grown flax. A high quality is ensured.

Course content:

Full practical demonstration and guidance throughout the day, including acupressure points to start, the candling and a face massage to finish.

Health and Safety at Work Law, Sterilisation and Hygiene in the salon

Data Protection, History of ear Candling

Anatomy and Physiology relating to the course you are studying

Consultation process and an example of the consultation card.

Contra-indications and how to recognise them, Contra-actions

Licensing requirements if required. Professionalism/ Code of Ethics

Local Bylaws that may affect your business e.g. treating minors.

Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day - 10 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a Hopi Candling Treatment with minimal direction from your tutor.

Course Investment - £110

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Thai Foot and Hand Massage

Thai Foot Massage is a massage of the lower legs and feet that originated in Thailand about 2000 years ago. As seen everywhere in Thailand today it has developed from traditional Thai massage and has elements of Shiatsu, Reflexology, Chinese massage and Yoga incorporated into the routine. The massage involves hands on stretching and massage to 'open' Sen (energy) lines, along with the use of other techniques to stimulate the reflex points on the feet and hands, which correspond to the internal organs of the body. The massage stimulates these reflex points to promote general health and well being, promote self healing, ease tension and increase flexibility.

Some of the main benefits:

Improved circulation and toxin removal, All the benefits of reflex and energy work and a relaxing massage, Improves respiratory function through the relaxant effect
Improves lymphatic elimination and immunity, Reduced stiffness and improved flexibility
Improved sleep, Accelerated physical healing, Stress relief
Excellent treatment for people standing on their feet all day and use their hands alot
Ideal for clients who don't wish to disrobe

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection, History of Thai massage
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day - 10 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a Thai Foot Massage with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Reflexology – Home study and practical assessment

Reflexology is the application of pressure techniques to the hands and feet to affect another part of the body. These techniques stimulate pressure sensors, triggering relaxation response throughout the body. Reflexology encourages good health, promoting relaxation, easing pain, preventing disease and improving quality of life. The theory underlying reflexology is called Zone Theory. It is similar to the concept of meridians in acupuncture. Just as meridians link one part of the body with another, so a combination of zone charts and maps connects the hands and feet to the organs and structures of the body.

Course content (Home Study Units):

Introduction: The Cells and Tissues
The Skin
Support and Movement Systems of the Body - Skeletal System
Support and movement systems of the body - Muscular system
Integration and co-ordination systems - Nervous system
Integration and co-ordination systems - Endocrine system
Integration and co-ordination systems - Special senses
Processing and transporting functions - Digestive system
Processing and transporting - Respiratory system
Processing and transporting functions - Lymphatic system
Processing and transporting functions - Urinary system
The reproductive system
Meridians and Energy Lines
Chakras and energy bodies
Zones and Reflexes
Grounding and Consultation
Foot Warming and Relaxation Exercises
Right Foot Treatment
Left Foot Treatment
Other Conditions
Final Assessment Preparation

Entry Requirement & Prerequisites:

None – If you are already a qualified therapist and have the anatomy and physiology diploma you are able to miss the A&P units 1 - 12.

Course duration & CPD:

3 Days Practical after home study work is completed, 118 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place via emails from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a Reflexology Treatment with minimal direction from your tutor, this is your summative assessment at the end of the third practical day.

Course Investment - £550 without A&P units, £450 with A&P units

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Holistic Aromatherapy Massage

This two day diploma training course will give you the ability to complete a full body holistic aromatherapy massage on your clients. You must have or be working towards an anatomy and physiology qualification. This diploma DOES NOT qualify you to mix and blend your oils as it is taught with PRE BLENDED oils only. In order to mix your own essentials oils you will need to complete our home study aromatherapy diploma.

During an aromatherapy massage, various hands-on techniques (taken from Swedish, Thai and lymphatic drainage) are used by for your physical and psychological benefit which may include: -

Improved circulation to muscles, reducing inflammation and pain

Deep relaxation, relieving mental and physical fatigue

Improvement of mobility and promotion of correct posture

Release of chronic back and shoulder tension, and backache

Easing of neuralgia, arthritis and rheumatism

Improved digestion and the relief of constipation

Stimulation and drainage of the lymphatic system flushing out toxins and waste

Prevention and elimination of headaches

Encouragement of deep sleep through the reduction of insomnia

Triggering brain chemicals that can reduce pain and induce a sense of well-being.

Course content:

Full practical demonstration and guidance throughout the day

Health and Safety at Work Law , Sterilisation and Hygiene in the salon

Data Protection

Anatomy and Physiology relating to the course you are studying

Consultation process and an example of the consultation card.

Contra-indications and how to recognise them, Contra-actions

Licensing requirements if required. Professionalism/ Code of Ethics

Local Bylaws that may affect your business e.g. treating minors.

Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Body Massage Diploma

Course duration & CPD:

2 Days, 27 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day

and you will be expected to answer verbal questions and perform a Holistic

Aromatherapy Treatment with minimal direction from your tutor, this is your summative assessment at the end of the second practical day.

Course Investment - £255

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isitherapytraining.com for details.

Hot Herb Thai Compress Massage

Traditional Ancient Thai massage is a unique form of Bodywork that incorporates Hatha Yoga, acupuncture and reflexology with origins dating back about 2500 years. In Thailand, there are many agricultural people who do a lot of physical work through the day and their muscles become very tight and sore, so they teach their children massage skills they learned from their parents. In this way Thai massage is passed down as an oral tradition. Massage has a unique style in each area of Thailand. When people would gather together from different regions they would exchange their techniques of massage.

Just a few of the benefits of Thai Herb Compress

- Facilitates relaxation
- Heightens awareness
- Frees blockages in energy flow
- Invigorates the nervous system
- Relieves pain and muscle tension
- Increases ability to absorb nutrition
- Strengthens and rejuvenates the body
-

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection, History of Thai massage, benefits of herbs
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Body Massage Diploma

Course duration & CPD:

1 Day, 14 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform a Hot Thai Herb Compress Treatment with minimal direction from your tutor.

Course Investment - £140

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isitherapytraining.com for details.

Holistic Beauty Facials

This one day accredited diploma course is an excellent foundation for our other beauty courses. Facials are an essential skill for any beauty therapist, and are not only very relaxing but also extremely beneficial in maintaining the health and appearance of the skin. Most skincare suppliers will require a diploma in facial treatments before they will supply you with their products. During this course you will learn how to provide a hygienic and deep-cleansing, relaxing anti ageing facial treatment for all skin types.

You will learn about the health and safety issues relating to providing this relaxing and revitalising treatment; understand the equipment and products used, learn how to prepare your room and settle your client. Your tutor will teach you how to take your client through a thorough consultation process looking for contraindications. The practical side will demonstrate how to cleanse tone and moisturise, how to exfoliate, and how to make and apply face masks and give a relaxing facial massage. You will also cover the anatomy and physiology of the face and skin.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection, Where to buy products and the different skin types
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day, 10 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform a Holistic Beauty Facial Treatment with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Pedicure

The purpose of a pedicure is to help either look after the nails once they are long and strong but also to help the nails get to that position. A good therapist will be able to recognise any disorders or conditions of the nail that need additional medical treatments or problems they can deal with or advise on themselves. They can help with the circulation and temperature in the feet by doing good foot and leg massage. This can also help with the flexibility of the toes and ankle. The pedicure can help improve the strength and shape of the nail. Improving the shape helps prevent ingrown nails or nails lifting from the bed. It also removes loose or dead skin, pushes back the cuticles and also improves their overall appearance.

Course content:

Full practical demonstration and guidance throughout the day: checking the feet, cutting the nails, filing nails, working on areas of hard skin, soaking the feet, massage, paraffin wax treatment and painting the nails.

Health and Safety at Work Law, Sterilisation and Hygiene in the salon

Data Protection

Anatomy and Physiology relating to the course you are studying

Consultation process and an example of the consultation card.

Contra-indications and how to recognise them, Contra-actions

Licensing requirements if required. Professionalism/ Code of Ethics

Local Bylaws that may affect your business e.g. treating minors.

Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day, 10 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform a Pedicure Treatment with minimal direction from your tutor, this is your summative assessment at the end of the day.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Manicure

The purpose of a manicure is to help either look after the nails once they are long and strong but also to help the nails get to that position. A good therapist will be able to recognise any disorders or conditions of the nail that need additional medical treatments or problems they can deal with or advise on themselves. They can help with the circulation and temperature in the hand by doing good hand massage involving the arm also. This can also help with the flexibility of the fingers and wrist and hand. The manicure can help improve the strength and shape of the nail. Improving the shape helps prevent ingrown nails or nails lifting from the bed. It also removes loose or dead skin, pushes back the cuticles and also improves their overall appearance.

Course content:

Full practical demonstration and guidance throughout the day: checking the condition of the hands and nails, trimming the nails, filing nails, soaking and cuticle work, massage, paraffin wax treatment and painting the nails.

Health and Safety at Work Law , Sterilisation and Hygiene in the salon
Data Protection

Anatomy and Physiology relating to the course you are studying

Consultation process and an example of the consultation card.

Contra-indications and how to recognise them, Contra-actions

Licensing requirements if required. Professionalism/ Code of Ethics

Local Bylaws that may affect your business e.g. treating minors.

Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day, 10 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform a Manicure Treatment with minimal direction from your tutor, this is your summative assessment at the end of the day.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isitherapytraining.com for details.

Warm Waxing

Waxing is a very popular beauty treatment and is basically a temporary method for hair removal, which takes the hair away at the root to leave the area smooth and hair-free for four to ten weeks. The most popular areas of the body to have waxed are the legs, arms, underarms, and bikini area, however almost any area of the body can be waxed, including eyebrows, face, back, and feet. If you book an appointment for a wax at a beauty salon in the UK, the treatment will probably start with the body area being cleaned of products, such as make-up, fake tan, and deodorant. The beautician will then spread a wax combination thinly over the skin and a cloth strip is then pressed on the top of the wax before being ripped off in one quick movement. This removes the wax along with hair and dead skin cells to leave the skin feeling smooth. There are a number of benefits to waxing, including the fact that new hair growth in waxed areas is soft and fine, and not sharp and coarse like the regrowth from shaved hair. In addition, repeated waxing makes hair regrowth less common and eventually some hair never regrows.

Course content:

Full practical demonstration and guidance throughout the day
You will wax legs, bikini line, under arm, top lip, eye brows and chin
Health and Safety at Work Law , Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Days, 11 CPD (on day practical demonstration and tutoring, return with case studies and to show your tutor your practised skills)

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform a Waxing Treatment with minimal direction from your tutor.

Course Investment - £150

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Luxury Spa Treatments

Body Scrubs Body scrubs are a luxury treatment in themselves, apart from being a perfect precursor to having an Indonesian Massage or a Tanning Cream Application, or even body softening. Body scrubs remove dead skin cells in an exfoliating manner, leaving the skin feeling invigorated, with a tingling freshness and the skin is more receptive.

Tanning Treatments In 2004 the UK supermarket Sainsbury's reported a 300% increase in sales of fake tan products. The safe sun message seems to finally be getting through to customers that you don't have to risk your health for a bronzed healthy glow. The risk of skin cancers is all too great and not worth it for something that can be achieved in your salon.

Ultra Body Softening Clients who work in a dry atmosphere, air conditioned office or even outdoors will love an ultra body softening treatment, those with naturally dry cracking skin will also benefit.

Deep Back Cleansing We go to the salon for a facial so why not have other body parts deep cleansed. Our backs are an area of neglect for most, we don't reach it easily enough to exfoliate, to moisturise and most importantly cleanse.

Paraffin Wax Hot paraffin wax treatments are used within manicures and pedicures often and are a great part of the therapy to help with rheumatic conditions, those with dry skin also benefit, it is deep cleansing and also helps to pamper tired hands and feet with cracked heels.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

2 Days, 30 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform all the treatments with minimal direction from your tutor over the two days.

Course Investment - £250

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Bio Energiser Detox Spa: 1) one day practical training £120 or 2) home study £100

What does the Bio Energiser De-Tox Spa System Do?

The Bio Energiser De-tox spa system is a revolutionary exciting treatment designed to re balance your body, create renewed energy levels and a feeling of well being. The BioEnergiser kick starts your natural detoxification process which eliminates toxins and waste which makes us feel sluggish and prevents the body's natural ability to heal itself. It is recommended that a course of 6 sessions with one session per week will benefit you highly.

How does it work?

By placing your feet in the warm salty, ionised water activates an electronic array. This sends energising electrical signals up through the lymphatic system which stimulates the detox process. An Energizing Cartridge creates a flow of electrons and a bioenergetic field that provides a relaxing and enjoyable treatment. The feet have an amazing 2000 pores in each foot and therefore offer one of the best points to administer the treatment which is both efficient and convenient. You simply sit back and relax for 30 minutes whilst the foot spa helps to draw toxins out of your body. The Bio Energiser rebalances and harmonises by sending signals up through the lymph glands to stimulate the detox process.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day, 7 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform the bio detox treatment with minimal direction from your tutor over the one day.

Course Investment - £100

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Eye Treatments – Lash and Brow Tinting, Brow Shaping

Lashes: People with naturally fair eye lashes and eye brows benefit from lash tinting and this is often an option over and above using make up. The colour gained from tinting the lashes and brows helps to highlight and define the eyes, giving the client confidence in their appearance, and the effects can last up to 8 weeks. The colour is permanent and unlike make up does not smudge or streak. **Brows:** The brows frame the face and add definition to eyes. This procedure is very simple to eye lash tinting however you must take care with the timing of the tint as the hairs on the brows absorb colour faster than the hair on the lashes. **Shaping:** This is done with plucking, remember if you want to tint and shape at the same time then tint first, as this avoids too much stimulation on the skin and leaving it too sensitive. Shaping the brows emphasises the eyes and helps to remove the excess eye brow hair, the skin then becomes smoother and makes make up easier to apply. This also makes blending eye shadow much easier and most clients find it more comfortable than doing it themselves at home.

Course content:

Full practical demonstration and guidance throughout the day
You will give a client a full lash and brow tint and brow shape with tweezers
Health and Safety at Work Law , Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None – your model must go to their training centre for a patch test 48 hours prior to the training day

Course duration & CPD:

1 Day, 12 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform all the treatments with minimal direction from your tutor over the one day.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Lash Perming

Perming: Eye lash perming enhances the lashes and makes the eyes appear more prominent and the lashes to appear longer. The market of people who do benefit from this treatment include:

- Those who wear glasses or contact lenses
- Those who are allergic to make up or mascara
- Those who don't enjoy or can't apply make up
- Those who are more mature with sagging eyelids
- Those who work in hot steamy environments

Course content:

Full practical demonstration and guidance throughout the day
You will give a client a full lash and brow tint and brow shape with tweezers
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None – your model must go to their training centre for a patch test 48 hours prior to the training day

Course duration & CPD:

1/2 Day, 7 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform an eye lash perming with minimal direction from your tutor over the one day.

Course Investment - £90

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isitherapytraining.com for details.

Body Wraps

Wraps are spa treatments designed to slim and tone the body, hydrate or firm the skin, or relax and soothe the muscles. Body wrap treatments come in varied and exciting packages, with one common factor: mummification. Body wraps are great for transporting excess water from the fatty tissues where it is then eliminated by the body's own system. You need to find a supplier offering a good body wrap gel that has anti cellulite properties and that stimulates the vasodilatation of the capillaries in the dermal layers of the skin. The gel is then massaged into problem areas and then wrapped with thermal bandages. Cellulite fat is tightened and compressed and toxins released. The bandages and wrapped creates heat which opens pores which allows the gel to penetrate through the dermal layer of the skin. Clients may feel slimmer, toned and firmer after your wrap treatment. Although any initial weight loss will sadly disappear once they have a drink, the wrap experience might just provide the motivation you need to start a healthier new diet or fitness programme. Some wraps are also thought to relieve tired or heavy legs and aching joints, ease inflammation, and help to flush out toxins through sweating. While it may not provide an instant weight-loss fix, the feel-good factor of a body wrap might help you jumpstart a diet or exercise regime.

Course content:

Full practical demonstration and guidance throughout the day
You will give a client a full lash and brow tint and brow shape with tweezers
Health and Safety at Work Law, Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them, Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day, 11 CPD

Assessment and Examination Method:

There will be continuous formative assessments taking place during your training day and you will be expected to answer verbal questions and perform a body wrap with minimal direction from your tutor over the one day.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Anatomy and Physiology Diploma – Home Study

This course is aimed at those who need this diploma to begin their studies as a holistic or beauty therapist embarking on massage or other health studies. Anatomy and Physiology is nowadays a prerequisite to doing any form of full body massage such as our own Swedish Massage Training. You will receive in your first pack the reading material, suggested book list and the assignment questions. This is all by EMAIL. You will then need to email your assignment back to your tutor and then upon passing that unit you will be emailed the next part. This is NOT A PAPER BASED qualification all work is sent via EMAIL.

Why do a home study diploma?

- You can start and stop the course whenever you wish
- You can work at your own pace – you have two years to complete from booking
- No additional travel costs to seminars or practical training
- Progress is monitored via regular assessments
- Unlimited tutor support

Anatomy and Physiology is perfect for home study. It is purely theoretical and requires no hands on application or face to face tuition. You will cover the following units (they will be sent two modules at a time and you are required to read widely and complete the assessments at the end and return them in the body of an email.):

Course content:

1	Introduction: The Cells and Tissues
2	The Skin
3	Skeletal System
4	Muscular system
5	Nervous system
6	Endocrine system
7	The senses
8	Digestive system
9	Respiratory system
10	Lymphatic system
11	Urinary system
12	The reproductive system

Entry Requirement & Prerequisites:

None

Course duration & CPD:

12 units home study & 48 CPD points

Assessment and Examination Method:

There will be continuous formative assessments taking place via email at the end of every single unit.

Course Investment - £125

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Colour Therapy – Home Study with one day practical training

Colour Therapy is a holistic and non invasive, pain free and powerful therapy whose origins date back thousands of years. Colour in its simple form is light of varying wavelengths. Our bodies depend on light and we operate as a prism. When sun shines onto our body the "white" light creates the rainbow of colours which fragments equally into our seven main chakras or energy centres. This light energy affects all living cells, we all know that without light all living things are affected. Used in the right way these varying frequencies of light, i.e. colour can have a profound and healing effect. Colour Therapy can be used for a variety of issues, whether it is physical, mental, emotional or spiritual. It can be used for specific problems or just for an overall relaxing experience. Colour Therapy can be used effectively and safely on its own or in conjunction with other therapies such as crystal healing or Reiki. We all have our favourite colours and colours we don't particularly like. There are reasons for this. We have life experiences all the time, these will involve colour. A negative life experience will make us dislike a particular colour just as a positive experience involving a particular colour will make us feel warmer to that colour. A strong aversion to a certain colour can imply that there is an imbalance in that particular area of the body. Our responses to colours can tell us a great deal about our personality and also about what is going on in our lives at that time, it also shows us what lessons we are learning and gives us help about how to reach our goals.

Course content:

- 1) What colour is and the history of colour
- 2) Subtle bodies, the chakra system and meridian system
- 3) Electromagnetic spectrum including details of the colour spectrum of visible light
- 4) How colour therapy works
- 5) Methods of colour assessment and treatment
- 6) Colour analysis, colour meditation and colour breathing
- 7) Colour in the home and food
- 8) Consultation and centering
- 9) Colour and illness
- 10) Preparation for your one day practical

Entry Requirement & Prerequisites:

None

Course duration & CPD:

10 units home study & 44 CPD points

Assessment and Examination Method:

There will be continuous formative assessments taking place via email at the end of every single unit. Plus assessments all day when you do your one days training with your tutor.

Course Investment - £185

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Crystal Therapy – Home Study with one day practical training

Crystal healing is the belief that crystals have energies and properties that are able to improve health. Crystal therapy is a gentle non-invasive form of alternative healing that works holistically to harmonize the mind, body, emotions and spirit, helping to increase our feeling of well-being, neutralize negativity, lift depression and to help us to become integrated, whole beings. Crystals can be used on the body in several ways. Crystal Therapists determine where blockages of energy in the body's aura are located and then place a particular crystal on specific parts of the body. Crystals can be used in conjunction with the seven chakras for chakra balancing. By using the appropriate crystals a therapist can return an energy system or rebalance a body's energies, thus improving well being. Different types and colours of healing crystals are promoted to have different healing powers. For example, amethyst is thought to calm the mind and uplift the spirit, sapphires are thought to help hearing and mental clarity, and rubies are thought to cleanse the blood and foster courage. Each one is chosen based on the individual's needs and energy fields. Crystal Healing can be used effectively and safely on its own or in conjunction with other therapies for example Colour Therapy or Reiki.

Course content:

- 1) Introduction and History
- 2) Crystals and the Chakras
- 3) Subtle bodies, chakras and meridians
- 4) Crystals and Colours
- 5) Crystals and their Uses and Types
- 6) Cleansing Crystals
- 7) Recharging and Programming Crystals
- 8) Crystal Nets and Grids
- 9) Consultation and Preparation
- 10) Final Exam to do at home
- 11) Instructions to prepare for your one day practical assessment

Entry Requirement & Prerequisites:

None

Course duration & CPD:

11 units home study & 44 CPD points

Assessment and Examination Method:

There will be continuous formative assessments taking place via email at the end of every single unit. Plus assessments all day when you do your one days training with your tutor.

Course Investment - £210

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Colon Massage

Having a colon massage / deep abdominal massage can help your colon to work more effectively leaving you feeling less sluggish, improved skin condition, toned can also help with stretch marks and cellulite. Colon Massage aims to help you to relax and promote the body's natural ability to heal itself by cleansing the colon of toxin build up. This is done in a safe comfortable and relaxing manner; it is predominantly based on Swedish massage techniques and specific deep abdominal massage. The aim of colon massage is to encourage and remind the colon how to work efficiently. You will also learn to give your client a Dead Sea Mud Abdominal Wrap and an intensive leg massage.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law
Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them
Contra-actions
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Body massage certificate, aromatherapy massage certificate

Course duration & CPD:

1 Day – 14 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a full colon massage with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Aromatherapy

One of the most effective uses of essential oils is in aromatherapy massage. You will already be familiar with names of some essential oils, such as Lemon, Sandalwood and Lavender, but other less familiar oils like Bergamot, Neroli, Patchouli and many others also have a place in aromatherapy. Used in a carrier such as sweet almond oil the massage develops the therapeutic effect of the combined oils, which act not only on the body systems but also on the nervous system, affecting the emotions and the psyche.

Course content (Home Study Units):

1	Introduction: The Cells and Tissues
2	The Skin
3	Skeletal System
4	Muscular system
5	Nervous system
6	Endocrine system
7	The senses
8	Digestive system
9	Respiratory system
10	Lymphatic system
11	Urinary system
12	The reproductive system
13	Mixing Blending Extracting
14	Carrier Oils
15	Essential Oils
16	Essential Oils
17	Chakras
18	Consultation Form
19	Massage (1)
20	Massage (2)
21	Assessment

Entry Requirement & Prerequisites: You need to have a diploma in anatomy and physiology. However if you don't have one this course has the first 12 units as the A&P you need. If you are already a qualified therapist then you can pick the cheaper option and only do the units 13 onwards.

Course duration & CPD:

2 Days Practical after home study work is completed

Assessment and Examination Method:

There will be continuous formative assessments that takes place via emails from your tutor. On completion of the first training day you will be expected to return home and practise the massage skills you have covered on day one. On day two you will be expected to answer verbal questions and perform an aromatherapy treatment with minimal direction from your tutor, this is your summative assessment at the end of the second practical day.

Course Investment - £250 without A&P units, £325 with A&P units

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. www.isistherapytraining.com for details.

Advanced massage

Massage is the art of healing through touch and pressure. It restores balance to the mind, body and spirit. Body Massage also known as Holistic Massage, dates back from the early 19th century. It is the original massage technique that uses oils, involving a sequence of movements working superficially and deeper into the tissue layers. It is one of the easiest ways of attaining and maintaining good health and something we do naturally. It is a healing instinct, innate in us all, to rub an aching shoulder or stubbed toe. By using oils and gentle manipulation, the power of touch eases our troubled minds, relieves aches and pains and provides a feeling of true relaxation. Advanced Body Massage is an uplifting and energizing massage that stimulates circulation and generates an immediate sense of well-being. This massage concentrates on trigger points and deep tissue work as well as adopting hands-free techniques. These techniques are designed to ease away the aches and stresses of everyday life at a deeper level. Wonderful for relaxation, a full body massage includes work on the neck, shoulders, arms, upper chest, abdomen (optional), back and legs.

Course content:

Full practical demonstration and guidance throughout the day. G5 massage , Trigger points and referral areas, lymphatic drainage and some hands free massage. Draping, dressing the massage couch, turning the client over, maintaining modesty and privacy at all times, pressure levels, Health and Safety at Work Law , Sterilisation and Hygiene in the salon, Data Protection, History of Massage, Anatomy and Physiology relating to the course you are studying. Consultation process and an example of the consultation card. Contra-indications and how to recognise them, Contra-actions, Licensing requirements if required. Professionalism/ Code of Ethics, Local Bylaws that may affect your business e.g. treating minors. Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

Anatomy and Physiology diploma and a Body Massage diploma are essential as this is an advanced massage course. You will also be sent a "bridging unit" to bring you up to date on your anatomy and physiology.

Course duration & CPD:

2 Days & 10

Assessment and Examination Method:

There will be continuous formative assessments takes place during the days while you practise and take information from your tutor. On completion of the day you will be expected to answer verbal questions and perform a full body massage with minimal direction from your tutor

Course Investment - £260

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. Please visit www.isistherapytraining.com for details.

Spray Tanning Diploma

Spray tanning is the popular safe alternative to the harmful UV rays in gaining an all over flawless tan all year round.

Course content:

Full practical demonstration and guidance throughout the day
Health and Safety at Work Law
Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
Contra-indications and how to recognise them
Contra-actions, and possible side effects of the spray tanning
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None

Course duration & CPD:

1 Day - 14 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a full spray tan on a model or other student with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. [View](#) our accreditation page for details.

Make Up

The application of make up is becoming an increasingly sought after skill of the beauty therapist, or even hair dresser and nail technician. Whatever your trade within the industry you cant go wrong by having a qualification in Make Up application. You can then offer this as a treatment at pamper parties, baby showers, wedding make up, stage make up or just show people how to apply their make up correctly using a variety of corrective and shading techniques.

Course content:

Full practical demonstration and guidance throughout the day

Health and Safety at Work Law

Sterilisation and Hygiene in the salon

Data Protection

Anatomy and Physiology relating to the course you are studying

Consultation process and an example of the consultation card, taking into account clients skin tone, hair colour, eye colour, best and worst features, face shape and undertones.

Correct application of make up, doing corrective techniques such as enhancing the eyes, disguising large noses, enhancing small noses and working with the shape of the face, eyes and lips. Helping the client to apply and remove their make up. Advising on the cleanse, tone and moisturise process and on concealer choices.

Application of Strip Lashes and correct removal

Contra-indications and how to recognise them

Contra-actions

Licensing requirements if required. Professionalism/ Code of Ethics

Local Bylaws that may affect your business e.g. treating minors.

Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites: None.

Course duration:

2 Days (Day 1 learn the art of make up application and the preparation of the skin and the consultation process, then work on your case studies , return for day two and learn corrective techniques.

CPD: 36 CPD

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the first training day you will be expected to practise your new skills at home and return with a model and completed case studies for day two where you will learn corrective techniques.

Course Investment - £265

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. [See](#) our accreditation page for details.

Option 2 includes the make up diploma with all eye treatments and lash perming diploma for £420

Nail Wraps

Nail wraps are the next big thing for finger and toe nails. This latest trend shows that you can never be too old for bold nails, vibrant in colour and above all else - long lasting and fashionable. Nail wraps replace varnish for those who want a low maintenance option of fashionable fingers and toes. Minimal equipment required. Join the group of nail technicians and beauty therapists who are the top of their game in providing these great nail wraps.

Course content:

Full practical demonstration and guidance throughout the day in small groups
Health and Safety at Work Law
Sterilisation and Hygiene in the salon
Data Protection
Anatomy and Physiology relating to the course you are studying
Consultation process and an example of the consultation card.
How to do a neat and professional application and removal of wraps (not affiliate to any specific brand, you will use the choice of your tutor)
Contra-indications and how to recognise them
Contra-actions,
Licensing requirements if required. Professionalism/ Code of Ethics
Local Bylaws that may affect your business e.g. treating minors.
Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None.

Course duration:

1 Day

CPD: 9.5 cpd

Assessment and Examination Method:

There will be continuous formative assessments takes place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a full application of wraps.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. [See our accreditation page for details.](#)

Threading

Threading is a proven age-old form of facial hair removal practiced in Eastern Countries, like Egypt, India, China and Middle East. Threading has been used for many centuries. Its origin is a little ambiguous but it is believed that it was first used in Arabia, Turkey and India. In fact, threading has been used for more than 1,000 years by Asians to remove unwanted facial hair! It is becoming very popular here in the West. In Persian culture where it is called Bande Abru ("Abru" means eyebrow, and "Band" is the thread). **Threading** the entire face is widely spread amongst Iranians, but it was originally practiced when a woman was getting married or during special occasions. In ancient Persia, threading was a sign that a girl had reached adulthood and become a woman. The procedure uses a 100% cotton thread which is twisted and pulled along the skin surface of unwanted hair, lifting hair directly from the follicle. Threading removes the entire hair follicle, lasting between 2- 4 weeks.

Course content:

Full practical demonstration and guidance throughout the day using a variety of different threading techniques

Health and Safety at Work Law

Sterilisation and Hygiene in the salon

Data Protection

Anatomy and Physiology relating to the course you are studying

Consultation process and an example of the consultation card.

Contra-indications and how to recognise them

Contra-actions, History of threading

Licensing requirements if required. Professionalism/ Code of Ethics

Local Bylaws that may affect your business e.g. treating minors.

Where to obtain insurance and details of professional associations.

Entry Requirement & Prerequisites:

None.

Course duration:

1 Day

CPD:

11 CPD

Assessment and Examination Method:

There will be continuous formative assessments that take place during the day while you practise and take information from your tutor. On completion of the training day you will be expected to answer verbal questions and perform a full threading treatment with minimal direction from your tutor.

Course Investment - £120

Qualification - Isis Therapy Training Practitioner Diploma

Insurance Cover- Once you complete this training you will be entitled to gain insurance. All courses at Isis Therapy Training are accredited and recognised by industry professionals. This course is accredited by Professional Beauty Only.

Frequently Asked Questions

How to Book and Invest in your future with Isis Therapy Training?

- 1) First of all you need to decide which courses you would like to do and then find out where you wish to train.
- 2) Then look down the list of locations to find the area you wish to train i.e., Yorkshire, Bristol, etc.
- 3) You will then see a list of courses that are offered by that tutor. Scroll down to the course you want to book on. You will be given a number of options of dates so please select the training date of your choice then click ADD to cart. You can add as many courses as you would like to pay for at any one time. When you are finished then follow the checking out procedures.

You do not need to be signed up to PayPal to use this service. As long as you have a credit or debit card.

Upon receipt of payment Head Office will email you to ensure we have all the information we need. This is not an automated reply but a personalised one so please be patient.

You will then be contacted by your tutor within 24 hours, this confirmation email will contain information for the day, directions to the venue and other details so that you can make the most of your training with us.

Any queries please contact us.

Please note that if you are booking a course less than 48 hours before the training day you need to contact us first to check if there are places left.

Does the ISIS Diploma allow me to get insurance so that I can practise?

Yes, absolutely, the ISIS Diplomas have been accredited by a variety of external agencies – see our ACCREDITATION page, they are all leading industry associations. They have given us the ability to teach students these courses to practitioner level. On each of our courses the tutor will give you information on where to get good insurance. You will have no trouble finding insurance with our Diplomas.

What about the Reiki Degrees? Will I get insurance with my certificates?

Yes, insurance companies recognize the Reiki qualification as proof that you have been attuned to that level of Reiki. At the moment there is no requirement for Reiki courses to be accredited. If you want to join a Reiki Association they may ask to see the lineage so make sure you take good care of your course manuals.

Are your Diplomas enough to get me a job?

Yes. Many owners of salons, spas, nail businesses send their staff out on one day intensive courses for their training. You also have the opportunity to be self employed

and offer your newly acquired skills as a mobile therapist to friends, families, work mates, doing pamper evenings etc. On the training day you will receive a wealth of information from your tutor.

Why should I pick ISIS over another training provider?

ISIS will help you gain membership to professional associations, to gain insurance and we will provide continuing support. Our tutors are fully qualified, highly experienced, they are fully insured and members of professional associations. They are knowledgeable in all areas of the therapy business and can give you ideas for marketing and advice on starting out. Our tutors will accommodate all students and their abilities and are highly encouraging, motivating and have a passion and drive for their subject. Most of all they are qualified with teacher status and will facilitate learning to suit your individual needs. Enrol with us today and join the masses of students who have studied with Isis.

Why are your courses are only a few days long, why is this preferable to the long college route?

ISIS Therapy Training provides a fast-track system of training in small groups of students, who really want to learn, this speeds things up considerably. Although we cover the essential theory most of the training is practical. At home you are expected to undertake further study and do lots more practice, which you would otherwise do during your college time. At Isis you get one to one tuition, for instance at college you may enroll for 36 weeks with a class of 30. That's on average 6 minutes one to one attention per week. Over the course that is about 3.5 hours of attention over the duration of the 36 weeks. With Isis doing the same Swedish massage course you get about 12 hours one to one attention. With Isis you pay one flat fee, there are no enrolment costs, no exam registration fees, no uniforms you are pressured into buying and above all there is consistency with your tutor, the same one throughout your course. Of course it is up to your aptitude for learning. Fast Track Accredited Courses are giving people the opportunity to work in a place they would like to work, but not many people can take the time off work to do the long college route, we are in effect really helping those who have a passion for therapies but situations constrain them. Therapists work from the heart, you could get a person to do a five year college course and still not understand the meaning of massage, therapeutic touch and interaction with others. This makes the therapist; other skills associated with the business come from within and cannot be taught at any level, empathy compassion and intuition. Isis over the years have trained lots and lots of students who have gone on to become successful therapists and business people and we are proud to have trained them all.

How much is practical application?

The full day is taken up with primarily demonstrations and practise. You will give and receive the therapy, so you know how it feels and also learn how to give it professionally and successfully and safely.

What time do the courses start and finish?

Start and finish times vary depending on the course you attend and its location and numbers. Most of our one-day courses begin at 10 or 10.30am and finish at either 4pm or 5pm. Classes can and do finish earlier depending on size, odd or even student numbers and other factors. If you have a problem with the time the course starts please let us know and we can see what we can do to accommodate this factor.

What happens if after my course I forget a few things?

We offer all of our students help via email or telephone after our courses.

What should I wear; do I need a Therapy Uniform?

No, you do not need to invest in any special uniform. Your clothes should be comfortable and not restricting movement. Preferably with short sleeves or sleeves you can roll up. Please do not bring excessive jewelry on your course, please try to leave this at home, and also bring something to tie your hair back. Your nails should be clean, tidy and short. Please do not turn up with long acrylic nails for any massage or facial diploma unless you are prepared to remove them! You will receive more information in your welcoming email when you book about the requirements of the course you choose.

Do we get the diploma on the day?

Not automatically, however in most cases our tutors have found that they are distributing diplomas as our student do successfully attain the required standards. If for any reason a tutor feels like more practise is needed then we will arrange a mutually convenient date for you to do the next course that has a spare place. At some of our venues the certificates are posted out on the evening of the course and you will receive these through the post.

What do you do if a tutor is ill and has to cancel the course?

This event is highly unlikely; however our tutors are only human like everyone else and can become ill. But in this unlikely event we will transfer you onto the next course at no extra charge, if you cannot make the alternative date then we will try to pick a date we can train you one to one.

What happens if I have to cancel the course?

Please see the terms and conditions – it is important that you do this.

What if I am late for a course?

If you know you are running a little late due to traffic then please contact your tutor and inform them their contact details will be on the confirmation email they send out when you book. Each person on the course is required to complete their hours of practical tuition so anyone who turns up more than 30 minutes into the start of the course cannot join in and the class will not be held up to wait for you. Please allow time for your journey.

What if I have a complaint about my tutor or training?

If you have a complaint then this must be referred to Isis Head Office. They shall deal with it then appropriately based on the information you provide. You also get the opportunity to complete a student evaluation form once your training is complete.

What if I do not have PayPal ?

First of all you do not need a PayPal account to pay online; you just need a debit or a credit card. If you do not want to pay online we can arrange for you to send a cheque. The cheque must arrive within two weeks of the course date so it has plenty of time to be cleared. Please contact us via email if this is how you would like to pay for your courses. All payments must be received prior to the training. This is not negotiable unless you are receiving funding from an external agency.

Isis Therapy Training Terms and Conditions to Booking

Isis Therapy Training Terms and Conditions to Booking: Please read prior to booking

1. All courses must be booked in advance and paid at the time of booking in full. All funds paid are non refundable and non exchangeable. From 21.08.2011 Some venues will accept a deposit. Where the venue allows you maybe able to pay a deposit, this fee will be stated on the bookings page. If you pay the deposit then your tutor will give you payment details so that you can pay the outstanding amount at least 2 weeks prior to the course date. Please note that ALL DEPOSITS ARE NON REFUNDABLE AND NON EXCHANGEABLE. All funds paid are non refunable and non exchangeable under any circumstances.

If you cannot attend a training day then you must give us advance notification of 48 hours. **With 48 hours notice** :- In cases such as this a £25 administration fee is charged (payable to your tutor) for each days training that you cancel and to transfer you onto another course. **With less than 48 hours notice**:- Please note that you will lose your course fee on this occasion if you do not give 48 hours notice. However this is at our discretion. An admin fee of £25 per days training cancelled is still chargeable. We will need to know your reason for cancelling. If your reason for cancelling is medical then we will require a doctor's letter to reserve your place on another course. Again this is at our discretion.

** This (the above) will only happen the once. If you have previously cancelled a course and been moved to an alternative day and you cancel again you WILL lose your course fee, and this is regardless of notice given. Upon cancellation of any course and if you are given another opportunity to attend you have one month in order to complete this course of study or else the fee is lost.

2. If students do not attend on the day of the course, or they are unreasonably late they shall lose the full course fee. Subject to terms.

3. Isis Therapy Training takes no responsibilities for any valuables or possessions or vehicles whilst you are on our premises.

4. Isis Therapy Training reserves the rights in the design, text, graphics, images and course material, handouts and website. All materials, handouts, workbooks and other literature supplied by Isis Therapy Training must not be copied or used in any way. All materials are copyright to ISIS and MUST NOT be reproduced in any form. Some mages for the website have been purchased from a stock company so they hold the copyright. Taking an image from the stie which is owned by a stock company is breaching copyright laws. Theft of intellectual property is taken very seriously. Please do not copy any of the information. Stock companies are embedding images with codes that their spy bots can seek and find online, anyone found using images that they do not hold the license for will be sent settlement demands and perhaps taken to court. Isis Therapy Training hold the license to ALL the images within the site. YOU do not.

5. If you have a complaint about any aspect of your training please contact your tutor in the first instance. Your tutor is a freelance agent and Isis Therapy Training take their bookings. Please also be aware that upon booking you are agreeing to a training session with a freelance tutor who is neither employed by nor paid by Isis Therapy Training. All the tutors are self employed and as such work for themselves. Isis Therapy training is the booking agent for the tutors involved. Any complaint regarding the quality of training/venue will be rectified promptly with my help however the final outcome is at the discretion of your tutor. Any refund is at the discretion of the tutor less the deposit

paid. Any correspondence regarding the training/venue should be taken up directly with your tutor. Issues around the manual to be referred to the above email address.

6. Places on courses can only be guaranteed if the payment/deposit has been received.

7. All students must act and behave appropriately and not undertake any act that would bring dishonour to the Isis Therapy Training, as this could result in the student being asked to leave the training session with loss of fee.

8. Tutors reserve the right to refuse to teach any student who is rudely late to their training session.

9. The students must be dressed appropriately for ALL courses.

10. Jewelry except wedding bands must not be worn.

11. Hair must be tied away from the face. Nails for massage need to be short and clean from varnish. If nails are too long expect your tutor to ask you to file or cut them short and be prepared to do so to take part in this course.

12. On days when there is only one booking students will be contacted and will therefore be responsible for their own clients/ models to work on and demonstrate the practical skills during the course.

13. Isis Massage & Beauty Training reserves the right to change the course contents, materials, tutors, training dates/days, price, venue and course requirements at any time without prior notice.

14. Children are not allowed at the training venues.

15. Food will not be provided for at the training sessions so please provide a packed lunch

16. Refreshments will be provided

17. Mobile phones must be switched off in the training rooms at all times

18. Isis therapy training reserves the right to decline applicants for valid reasons

19. part our service to provide excellent customer service we operate an equal opportunities policy. Students will not experience discrimination on any counts. Isis Therapy Training will not tolerate abuse Physical or verbal abuse to any trainer at any time. Nor will we tolerate any sexism, ageism or racism or any type of discrimination of any sorts. Bearing this in mind students need to be aware that both males and females book on these courses and we will pair you up accordingly to practise on. So you may be working on someone of the opposite sex. Deciding NOT to carry on with the day if you do not wish to work on any other student will result in your loss of fee. Any student at anytime may bring their own model to practise on.

20. Refreshments will be available for you to enjoy during break times of your course. Please be aware, that if you suffer from allergies or have any special dietary requirements. Isis Massage & Beauty Training has no control over the ingredients of the refreshments available and takes no responsibility for clients suffering any allergic reactions or special dietary specifications

21. Tutors at Isis will not tolerate any bullying on their courses between students.

22. Isis Therapy Training operates a non-smoking policy.

23. All student and client information is kept confidential.

24. Prices can be altered at any time to reflect costs of training however Isis will always remain competitively priced. Old prices will only be honoured at the discretion of Head Office.

25. We invite students who are not 100% confident after the course and have therefore not passed on the day to come and join the next course in the same subject or for the tutor to return to the student on one occasion at no charge. Please note this is only available within one month after the date of the first course, after one month students shall need to repay the full course fee. If the student fails to show competence on the second day they will need to pay per day for a tutor's additional tuition, the fee is at the discretion of the tutor. Tutors also have the option to ask students to complete a written, oral exam and case studies. This is at their discretion and is to keep standards high. If students pass on the day and would like refresher sessions with a tutor it is at the discretion of that tutor as to the price per hour they will charge.

26. We are not responsible for any emails that you do not read on time which relate to your course, changes or cancellations. If you are undergoing a distance learning diploma you should receive an acknowledgement email when you send in work, then wait no longer than 10 days to receive your feedback and further units. If you do not hear from your Isis rep then please email tutors@isistherapytraining and we can re-send any emails you didn't receive. We will not be held responsible for students not receiving work and not contacting us about this issue.

27. The prices shown on the website at the time of booking are the prices you will be charged. We cannot be responsible for the incorrect prices put out on the internet by tutors past or present, therefore the prices on the Isis website alone are the prices we will honour. Prices can be altered at anytime.

28. If you are insured currently please make it your responsibility to check with your insurance provider if they will insure our intensive fast track courses. We are accredited by external agencies who will cover our courses, other insurance companies will also, but please double check your own insurance.

29. Home study diplomas are to be conducted in your own time; however a maximum training time span of 12 months is on the anatomy and physiology diploma, crystal therapy, colour therapy diplomas and bio energiser detox diploma. Students have 24 months to complete the aromatherapy and reflexology diplomas. The start date is taken from the initial payment date. Any students wishing to terminate their training will do so at their choice and re-starting a course will result in the fee being paid again. All home study diplomas are subject to a non-refundable and non-exchangeable policy. It is not the responsibility of your tutor to contact you with regards to your home study work, we will not remind you of the time allocation left and once this time is up your contract with Isis will be terminated. In the event of your course ending prior to unit completion then a £15 charge per outstanding unit can be made to extend your study time. All units outstanding to be paid for upfront and a time limit of two units per month allocated. This decision to extend your studies must be made within two weeks of your course time ending.

30. If you book an A&P diploma with Swedish massage then you have only 12 months to complete your A&P. If you **do not** complete your anatomy and physiology diploma within the 12 months and you **have** done your Swedish Training you will NOT receive certification for the Swedish and your training with Isis Therapy Training will have ceased. In order to train in Swedish with A&P you will need to rebook on both diploma

courses. We cannot give a certificate without seeing evidence of continued competence with the practical massage.

31. When you book on a distance learning diploma with a practical element you would naturally go to your nearest centre. Please be aware that our tutors are freelance and may not be working with Isis at the time you need to do your practical element, you will then need to travel to again your nearest location which maybe a little further. The tutors with Isis have been with us from the start however this is always a possibility.

32. All courses are non refundable and non exchangeable. If you book on multiple home study courses the date for completion will be at the same time. For example if you book colour and crystal therapy you will have 12 months to complete. If you book colour therapy and aromatherapy with A&P, you have 12 months to complete the colour therapy and 24 months in total to do the aromatherapy.

33. If you plan to do voluntary work with our diplomas please check with your organisation that it is what they need for their insurance purposes. We cannot be held responsible for anyone who doesnt research their training needs thoroughly enough

34 **** Plagiarism **** Isis Therapy Training will not pass nor certify work which is not the students own. Procedures are in place and we will not accept work copied off the internet. Any student that does this will not receive the next units until work is sent in their own words. We have the right to withhold certification and use verbal questions via telephone should we suspect this to be the case.

35. According to the distance selling regulations 2000 you have the right to a 7 day cooling off period where during the first 7 days after booking a course you have an unconditional right to cancel. This is to be notified to us in writing.



Best Training School 2011 in the [Awards of Excellence](#)



Isis Therapy Training

**** 2011 WINNERS! ****

"The comprehensive course manuals and level of tutoring that students receive as part of each diploma course they attend with Isis Therapy Training is very professional.

*The material provided is thorough with lots of additional information. The combination of course manuals utilising all of the tutors knowledge and experience together with the style of delivery leaves no stone unturned. Their enthusiasm, relaxed and welcoming approach to course writing and therapy training means that students receive a positive learning experience all round."***Lynne Archer, Director -**

Guild of Professional Beauty Therapists Ltd